



ARSHA SUKUMARAN

REGISTERED NURSE

Resume Objective

Nurse RN with 6+ years of experience providing quality care to wide variety of patients. Possess a Master's qualification in Nursing, and currently focused on earning a Doctorate degree in this field. Aiming to leverage my experience and knowledge to effectively fill the nursing position at your hospital.



Isa Town



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arshaarya@gmail.com

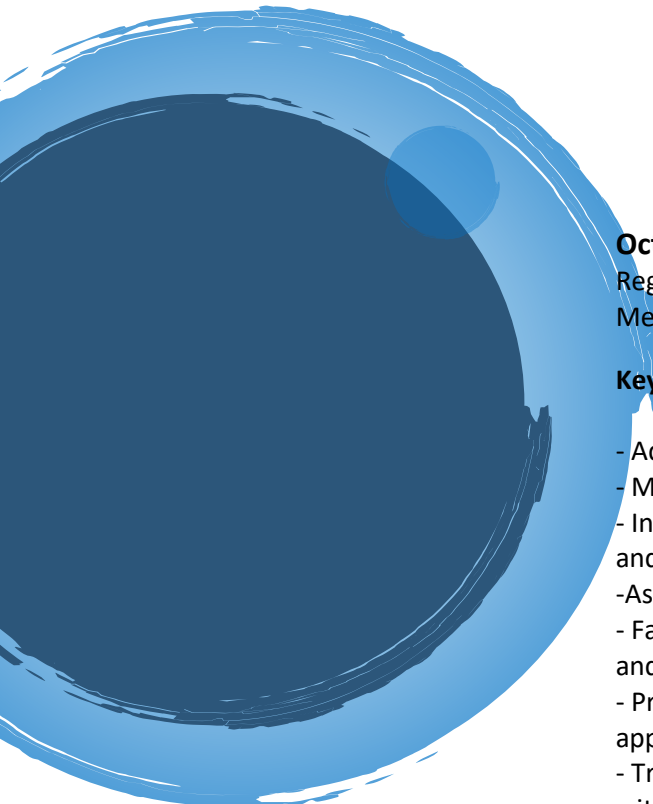
Experience

November 2018–Present

Registered Nurse • Urgent care Medical Center, Isa town, Bahrain

Key Responsibilities:

- Providing care for patients, managing acute to chronic health issues, and assessing and evaluating individual patient requirements.
- Providing healthcare services at home settings upon patients requests.
- Initiate and provide intravenous therapy, perform blood transfusions, and draw blood for lab processing
- Assisting the dentist.
- Assisting the doctors in the minor OT.
- Inventory management.
- Handling insurance documents and submission.
- Facilitated admissions and transfers, chart/care plan note preparation and other documentation, and interdisciplinary team participation.
- Provided basic patient care and treatments, such as dressed wounds, treated bedsores, gave enemas, and performed catheterizations.
- Conducted educational lectures for the faculty.
- Preceptor to new staff and new nursing graduates.
- Participates as a team member by performing additional assignments not directly related to the job description when workload requires.
- Performed ECG.



October 2016–January 2018

Registered Nurse • Casualty and Medical & Surgical Ward, Poochakkal Medical Center, Alappuzha, India


Key Responsibilities:

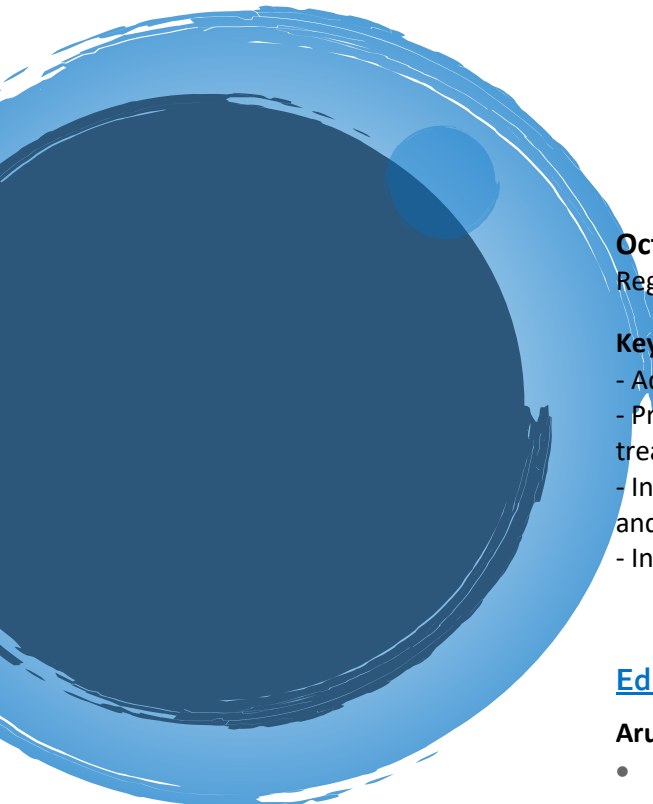
- Administration of medication and injections to patients.
- Managed RTA cases.
- Initiate and provide intravenous therapy, perform blood transfusions, and draw blood for lab processing.
- Assisting the doctors in the minor OT.
- Facilitated admissions and transfers, chart/care plan note preparation and other documentation, and interdisciplinary team participation.
- Prioritized workload and ensured patients were cared for appropriately.
- Treated every patient with dignity and ensured 100% confidentiality with patient information.
- Provided patients and relatives with psychological support.
- Performed ECG.
- Performed CPR in emergency situations.
- Reacted effectively in emergency scenarios, demonstrating sound decision-making that helped save patients' lives.
- Inserted NG tube.
- Provided basic patient care and treatments, such as dressed wounds, treated bedsores, gave enemas, and performed catheterizations.

June 2015–August 2016

Registered Nurse • Medical & Surgical Ward, Christian Medical Center, Idukki, India

Key Responsibilities:

- Initiate and provide intravenous therapy, perform blood transfusions, and draw blood for lab processing.
 - Provided basic patient care and treatments, such as dressed wounds, treated bedsores, gave enemas, and performed catheterizations.
 - Provided routine treatment and post-surgical care.
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October 2010–March 2012

Registered Nurse • Christian Medical Center, Idukki, India

Key Responsibilities:

- Administration of medication and injections to patients.
- Provided basic patient care and treatments, such as dressed wounds, treated bedsores, gave enemas, and performed catheterizations.
- Initiate and provide intravenous therapy, perform blood transfusions, and draw blood for lab processing.
- Inserted NG tube.

Education

Aruna College of Nursing, Karnataka, India

- MSc Nursing in Psychiatry from Rajiv Gandhi University of Health Science in May 2015

Ashwini Institute of Nursing, Karnataka, India

- BSc Nursing from Rajiv Gandhi University of Health Science in August 2010

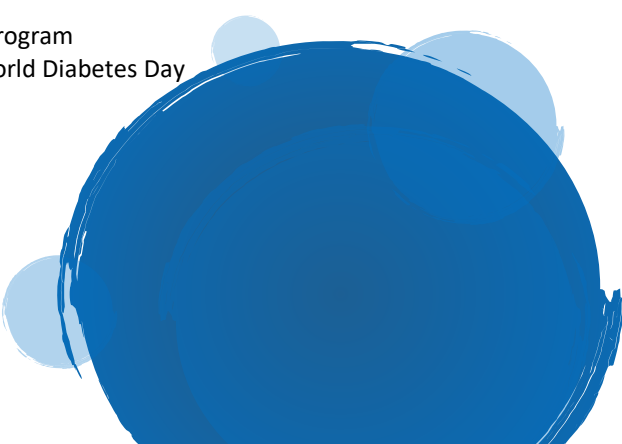
Sree Narayana Higher Secondary School Sreekandeswaram, Poochakkal, India

- Higher Secondary certificate in Science in March 2006

Sree Narayana Higher Secondary School Sreekandeswaram, Poochakkal, India

- Secondary Certificate in March 2004

Certificates

- Basic Life Support
 - Gastro-esophageal reflux disease (GERD) lecture
 - Cardiac electrophysiology workshop
 - IV cannulation course
 - Infection control in venipuncture and IV cannulation lecture
 - Common ophthalmic cases
 - Pulse polio immunization program
 - Global Diabetes walk on World Diabetes Day
 - Family welfare program
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Licenses

- NHRA license in Bahrain, License No: 11318003
- Karnataka State Nursing Council Register no: 008467
- Kerala Nurses and Midwives Council Register No: 24481

Skills

Personal Skills

- Dedication in work
- Able to work under stress effectively
- Effective time management
- Team worker

Computer Skills

- MS office & basic functioning

Language Skills

- Malayalam
 - English
 - Hindi
 - Kannada
 - Tamil
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