ABEY THOMAS

## HSE MANAGER/OFFICER

## FLAT 01, BUILDING 997, ROAD 2821, BLOCK 328, MANAMA, BAHRAIN

## 00973-34231595

## abeythomas6796@gmail.com

## PERSONAL SUMMARY

**A meticulous, hard-working and focused professional who has a long track record of identifying probable risks, preventing accidents and implementing safety regulations, and has considerable experience in a Health and Safety role, and is an expert in the fields of drawing-up safe operational procedures and making recommendations following any accidents or incidents. He is team-oriented, resilient and has a self-consistent personality, along with a very precise and goal-oriented working style. Right now, he is looking for a permanent position with a company where there is future potential for promotion based on individual performance.**

## CAREER OBJECTIVE

**I am looking for an opportunity to work as an HSE manager/officer in an organization where my expertise and knowledge are valued and also put into practice for the benefit of the organization**

## ROLES AND RESPONSIBILITIES

* **Roles and responsibilities definition, for what concerns safety aspects.**
* **Supports the Top Management in the HSE Policy and Guidelines issue.**
* **Supports the Top Management in the Organization.**
* **Monitor compliance with Clients Safety Processes as well as provincially legislated safety regulations.**
* **Monitor compliance with Sub Contractor Site Specific Safety Plan.**
* **Work with Line Management, Safety Officers, and Client Safety Representatives; and also interface with internal and external customers on issues related to safety.**
* **Ensure Job Hazard Analysis and Field Level Risk Assessments are completed.**
* **Ensure that all workers and visitors have the proper orientations and training requirements.**
* **Guide and Mentor employees on the project and Industry specific safety policies and procedures.**
* **Conduct regular safety walks and worksite inspections.**
* **Take an active role in on-site safety meetings, task hazard analysis, and incident investigations.**
* **Effectively plan, organize, communicate, and monitor progress on tasks and projects as they relate to Safety.**
* **To identify the safety engineering scope of work from basis of design and undertake formal safety assessments.**
* **Conduct HAZID workshops, when required.**
* **To take ownership of and provide direction to engineers through ability to prepare and author full suite of project safety deliverables.**
* **Ensure the application of best practices and ethics when dealing with confidential information.**
* **Maintain all documentation requirements as outlined in the Site-Specific Safety Plan.**
* **Prepare and provide site safety statistical information to HSE Administrator and clients.**
* **Quality Assurance Responsible for working within the provisions and guidelines of the Quality Assurance system**
* **Supports the Top Management in the HSE Management System standard issue.**
* **Ensures, in accordance with the corporate guidelines, the implementation, updating, review and auditing of the Company HSE Systems.**
* **Monitors the effective implementation of appropriate Safety and Environment System procedures and provide for their updating in line with changes in Legislation and Company Directives.**
* **Provides for motivation and familiarization of all Company personnel respecting the importance of complying with Company system procedures and all Safety equipment provided.**
* **Assists the Commercial, Engineering and Operations Department in their dealings with Clients in all issues concerned with Health and Safety at work.**
* **Conducts safety audits both internal and external.**
* **Takes part in accident / incident investigation.**
* **Carries out analysis of accident / incident statistics, identifying trends and suggesting improvement plans.**
* **Provides technical support to Senior Management on any safety related subjects.**
* **Carries out any in-house safety training.**
* **Carries out safety audits on Sub-contractors.**
* **Liaises between Clients on safety related issues.**
* **Safeties related engineering input into new projects and modification programs.**
* **Participates to HAZOP meetings prior to procurement and installation activities.**
* **Performs Risk Assessment.**
* **Preparation of Health and Safety documentation for new tenders.**
* **Provides Safety support and advice, including supervision on preparation of plans and procedures for initial contract start up activities.**

## PROFESSIONAL SKILLS

* **Well versed with the health and safety standards defined by the regional and national regulatory bodies**
* **Proficient with the latest tools and methodology of risk assessment and management used in any public area**
* **A quick learner with an ability to adapt new skills effectively**
* **Skilled in communication, resource management, problem solving, and team building**

## ***KEY SKILLS AND COMPETENCIES***

*Health and Safety*

* **Good knowledge about safety and environment documentation**
* **Ability to communicate and relate well with key opinion leaders and clinical person.**
* **Possessing all Relevant Safety Qualification/Certification.**
* **Delivering front line safety education and training.**
* **Serving as a mentor and coach to others.**
* **Safely handling hazardous substances**
* **Good knowledge about chemicals and Chemical hazards**
* **Good knowledge in Computer and its applications.**

## Work Experience

**Groups senior EHS Manager at Al Marzooq Group (Nasaco Contracting Co. W.L.L), Bahrain  
 Employed Since Dec 2017**

**Overview of Job Duties**

* **Devise, implement, and monitor new policies and activities aimed at providing a safe and healthy work environment to the employees**
* **Identify areas of improvement and perform risk assessment for all offices in the region**
* **Lead investigations for accidents and near miss incidents and identify root cause of the incident**
* **Conduct tests at production facilities and other accident-prone areas**
* **Recruit and train HSE staff and conduct safety drills at each facility**
* **Accompany external auditors and explain about the health, safety, and environmental procedures adapted at the facility**
* **Prepare reports and provide copies to federal agencies**

**Area EHS Asst. Manager at NSH for BECHTEL at ALBA Bahrain  
Employed from Feb 2017 to Dec 2017**

**Overview of Job Duties**

* **Performed risk assessment and management for all facilities in the region**
* **Introduced new system to track near miss accidents in the facilities**
* **Lead investigations post-accident, identified the root cause of the accident, and implemented measures to eliminate incidents of similar nature in future**
* **Recruited and trained new staff, evaluated staff performance**
* **Conducted monthly drills and participated in all meetings to identify and devise new procedures**

**HSE Manager at Mast Contracting, Bahrain**

**Employed from June 2016 to Jan 2017**

**HSE area superintendent at Mast Contracting, Bahrain**

**Employed from Jan 2014 to June 2016**

**SAFETY OFFICER AT KMML INDIA**

**Employed from March 2012 to April 2014**

## Educational Qualifications and Certifications

* **William Carey University – MBA in Marketing 2013-2015**
* **EIILM University – Chemistry BSc Degree – 2009-2012**
* **Kerala University – Chemistry Bachelor’s degree 2005 – 2008**
* **Dr. C. T.E. M.R H. School; Higher Secondary Education 2003-2005**
* **Annamalai University - Post Graduate Diploma in HSE -2018**
* **Sikkim Manipal University- Diploma in Safety and Fire Engineering 2009-2010**
* **National Institute for Fire Engineering – Diploma in Fire and Safety engineering.**
* **Certificate in OSHA 30 Hrs- American standards on 2010**
* **Certificate in nebosh IGC (UK Certification) on Feb 2017**
* **Certificate in iosh Managing safely on Feb 2017**
* **Conducted Risk Assessment training by HABC on Feb 2017**
* **Conducted medic first aid on Feb 2017**
* **Doing iDip (nebosh international diploma)**
* **Iosh membership**

## PERSONAL DETAILS:

**Date of Birth : 27.05.1988**

**Gender : Male**

**Marital Status : Married**

**Nationality : Indian**

**Permanent Address : Aji Bhavanam,**

**Peruvelikkara (p.o),**

**Kollam District,**

**Kerala State,**

**India – Pin: 691 500.**

**Languages Known : English, Hindi**

**Malayalam, Tamil**

**Hobby : Reading, Writing, Playing games**

## Bahrain driving license No. 880594403

## References

**Will be provided on request**