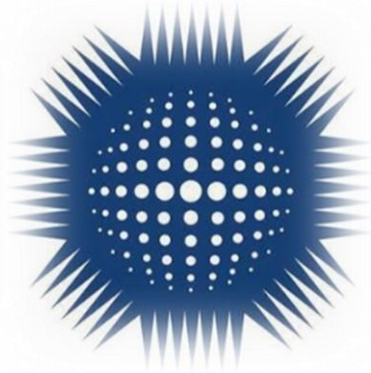


# Safety Officer



**Nebosh Certified**



**Abdullah Rasheed**

Dear Sir,

**Sub: Application for the Post of Assistant Safety Manager/Sr. Supervisor/Safety Engineer.**

A talented Safety Expert with multiple years of experience in assisting in monitoring and coordinating. Overall organization's safety program, including safety inspections, accident investigations, and scaffolding inspector. I am self-spurred and creative with more than 06 Years of extensive experience. I maintain incredible record of hard working, dedication and honesty, which is which is viewed as a fundamental factor to become an effective team member of any reputed organization. Since strive not to yield is my adage, whoever extends to me an employment opportunity would be persuaded that he has added advantage for the Organization.

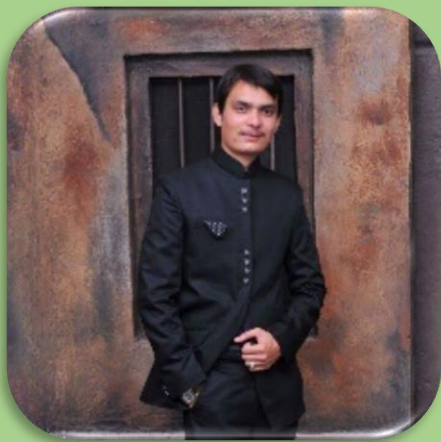
I attached my CV along with this request.

Your favorable reply in this regard will be exceptionally valued.

Much obliged to you.

Yours faithfully.

*Abdullah Rasheed*



## Education

- Graduation – UOS
- 2012
- FSC (Pre-Engineering) – BISE Sargodha
- 2010 - Passed
- Matriculation (Science) – BISE Sargodha
- 2007 - Passed

## Experience Record

Position	Safety Officer
Company	Nass Contracting W.L.L Bahrain.
From	07-10-2017 till to date
Project Name	Alba & Nuwaidrat Interchange Bridge and Drainage Work
Consultant	Parsons Global Services
Client	Ministry of Works

## Duties & Responsibilities

- Performs duties in accordance with the integrated HSE activities plan.
- Ensures that the HSE performance of all disciplines and subcontractors is in accordance with contractual HSE commitments.
- Liaises with client and contractor site HSE representatives.

### Objective: -

To be a part of an organization, which can provide me dynamic platform to use my capabilities to add value in their business Well-versed, accomplished system analyst and to gain experience in the field of Safety and also utilize my skills, in order to increase productivity of organization and individual

### Personal Profile: -

Name: Abdullah Rasheed

DOB: 11-09-1991

Religion: Islam

Nationality: Pakistani

C.N.I.C: 38403-822327-7

Age: 28 years

Gender: Male

Email: [abdullahrasheed382@gmail.com](mailto:abdullahrasheed382@gmail.com)

Mob: +97366745898

WhatsApp: #. +97366745898

### Professional membership

- Graduate Membership of IOSH UK GradIOSH (In progress)
- Full Member of IIRSM UK Miirsm (In progress)
- Affiliate Member WSO USA
- MOL Approved safety officer

- Monitoring of safety in Road diversions. Establishes effective working relationships with line supervisors and ensures that safe working practices are adhered to.
- Assists in the interpretation of compliance monitoring procedures and regulatory requirements.
- Oversees the administration and compliance of NASS Permit-To-Work system.
- Provides assistance to line supervisors for risk management activities, including hazard identification and task risk assessments.
- Assists and participates in emergency response drills; including developing scenarios, preparation of reports and inspection of the equipment.
- Maintains a visible presence at worksites to ensure effective HSE management is in place.



## Experience in Nesma & Partners Saudi Arabia

Position	Safety Supervisor
Company	Nesma and Partners General contracting co. ltd.
From	25-1-2016 till to 6-10-2017
Project Name	Saudi Arabian National Guards Hospital Project Jeddah (High Rise Building)
Consultant	DAR
Client	Ministry of Defense KSA.

## Duties & Responsibilities

- Conducts incident investigations and completes reports.
- Attends HSE committee and project progress meetings.
- Ensures that regular workplace surveys are conducted and recommendations are implemented.
- Conducts HSE trainings as requested by the Training Department.
- Conducts periodic walkthroughs and inspections at worksite and other designated locations as needed.
- Ensures HSES equipment calibrations are maintained.
- Participates in HSE audits.
- Provides assistance in reviews and revisions to HSE project plans and procedures.
- Maintains the HSES central action tracking register at the worksite and follows up with supervisors on closing action items.
- Leads and mentors HSE officer(s) and trainees.



- Performs other duties as assigned periodically by the Nesma Project Manager at worksite.
- Monthly HSE Report and Monthly Waste Consignment update.

\*\*\* \*\*

## **Experience in Wateen Telecom Pakistan**

Position	Safety Inspector
Company	Wateen Telecom Private limited Pakistan
From	06-06-2012 till to 25-12-2015

## **Duties & Responsibilities**

- Providing Safety Induction to new employees& contractors.
- Providing guidelines on safety rules of company, HSE policies, procedures and safe system of work.
- Performing routine workplace HSE monitoring.
- Identifying & eliminating unsafe practices & conditions in the work place.
- Performing behavioral safety audits.
- Preparing weekly, monthly and quarterly HSE reports.
- Maintaining company's leading and lagging HSE performance Indicators
- Developing workforce HSE knowledge & skills through in house HSE training.
- Review of safe work methods of subcontractors.
- Preparing & reviewing Job Safety Analysis for construction jobs.
- Preparing and reviewing Task Risk Assessments for PTWs on energized systems.
- Incidents, near misses and accidents reports and investigations.
- Coordinating routine and surprise emergency evacuation drills.
- Performing internal HSE audits.
- To study and adopt new developments in the field, throughout the career.
- Safe system of work
- Adequate decision in emergency situation.
- Promotion of positive health & safety culture.





## Safety Courses & Certificates:-

Sr. #	Course	Institute
1	Level 6 International Diploma in Safety Engineering	NCFE England
2	Transitional Safety Practioner	BCSP USA
3	NEBOSH IGC	NEBOSH UK
4	OSHA 30 Hours General Industry Training	Professional Safety training and Consultancy Islamabad
5	IOSH MS	IOSH UK
6	Advance Course IN OHS	ECITB UK
7	Supervisor course in OHS	ECITB UK
8	Risk Assessment	ECITB UK
9	Safety Management Leadership	National Safety Council USA
10	Safety Management Leadership	Al-Mashreq Bahrain
11	Basic Scaffolding Inspector Course	Bureau Veritas Bahrain
12	Basic First Aid, CPR, AED	Al-Mashreq Bahrain
13	Confined Space Entry & Rescue Training	Safety Training & Consultants Bahrain STC Bahrain
14	Scaffolding Erector course	STC Bahrain MOL Bahrain Approved training center
15	Scaffolding inspector	HABC UK + STC Bahrain MOL Bahrain Approved training center
16	Work at Height	British Safety Council UK
17	Fire Safety	British Safety Council UK
18	Avoiding Slips and Trips	British Safety Council UK
19	General Health, Safety and Environmental Awareness	British Safety Council UK
20	Manual Handling	British Safety Council UK
21	Working with Hazardous Substances	British Safety Council UK
22	Accident Investigation, Root cause analysis	HABC UK
23	H2S Safety	HABC UK
24	Level 4 Scaffolding erection, dismantling and inspection	HABC UK
25	Confined Space Entry & Rescue Training	World Safety Organization USA
26	Incident Investigation	World Safety Organization USA
27	Emergency Rescue from Confined spaces	AOSH UK
28	Approved trainer for ECITB UK for Foundation Course in OHS	ECITB UK Under Nass Contracting License.
29	Affiliate Member	World Safety Organization USA
	Fire Marshal Training	Bahrain Civil Defence
30	Authorized gas tester for confined spaces	Al Mashreq Bahrain
31	Competency-Based Learning: Introduction	WHO
32	Simulation Exercise Management: Introduction	WHO
33	Incident Management System (Tier 2)	WHO
34	Incident Management System (tier 1) Introduction to Health Sector Emergency Response Management	WHO

35	Management and Facilitation of an After-Action Review (AAR)	WHO
36	Public Health Preparedness for Mass Gathering Events	WHO
37	ESSENTIAL SKILLS FOR YOUR CAREER DEVELOPMENT	University of Leeds And Institute of Coding UK
38	DECISION MAKING: HOW TO CHOOSE THE RIGHT PROBLEM TO SOLVE	University of Leeds And Institute of Coding UK
39	COVID-19: TACKLING THE NOVEL CORONAVIRUS	London School of Hygiene & Tropical Medicine and UK Public Health Rapid Support Team
40	COMMUNICATION AND INTERPERSONAL SKILLS AT WORK	University of Leeds And Institute of Coding UK
41	COLLABORATIVE WORKING IN A REMOTE TEAM	University of Leeds And Institute of Coding UK
42	ESSENTIAL SKILLS FOR YOUR CAREER DEVELOPMENT	University of Leeds And Institute of Coding UK
43	THRIVE IN TRYING TIMES TEACH-OUT	University of Michigan
44	Let's Break the Chain of COVID-19 Infection	Mohammed bin Rashid university of Medicine & Health sciences
45	Let's Gear Up to Volunteer and Defy COVID-19	Mohammed bin Rashid university of Medicine & Health sciences
46		
47	Corona Virus Taking Proactive action	CPL Learning institute of Hospitality
48	Coronavirus - What you need to know	ALISON
49	BASIC ENGLISH 1: ELEMENTARY	KING'S COLLEGE LONDON
50	Infection Prevention and Control (IPC) for Novel Coronavirus (COVID-19)	WHO
51	FUTURE-PROOFING THE HEALTH WORKFORCE	GRIFFITH UNIVERSITY
52	Emerging respiratory viruses, including COVID-19: methods for detection, prevention, response and control	WHO
53	Standard precautions: Environmental cleaning & disinfection	WHO
54	Standard precautions: Hand hygiene	WHO
55	COVID-19: How to put on and remove personal protective equipment (PPE)	WHO
56	Standard precautions: Waste management	WHO
57	COVID-19: HELPING YOUNG PEOPLE MANAGE LOW MOOD AND DEPRESSION	UNIVERSITY OF READING
58	MOTIVATION AND ENGAGEMENT IN AN UNCERTAIN WORLD	COVENTRY UNIVERSITY
59	HOW TO TEACH ONLINE: PROVIDING CONTINUITY FOR STUDENTS	FUTURELEARN Online
60	COVID-19: Operational Planning Guidelines and Partners Platform to support country preparedness and response	WHO









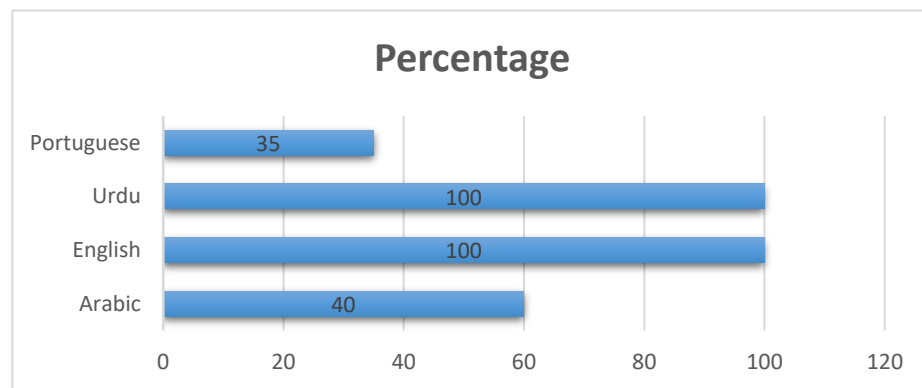


## Computer skills: -

- COM Diploma in computer office management.
- Excellent Command over MS Office.
- Internet skills.
- WordPress
- Website Updating
- Excellent Typing Skills



## Speaking Skill: -





## Declaration: -

I hereby declare that all information furnished above is true and best of my knowledge.

I will contribute my best to your organization.

\* \* \* \* \*

