



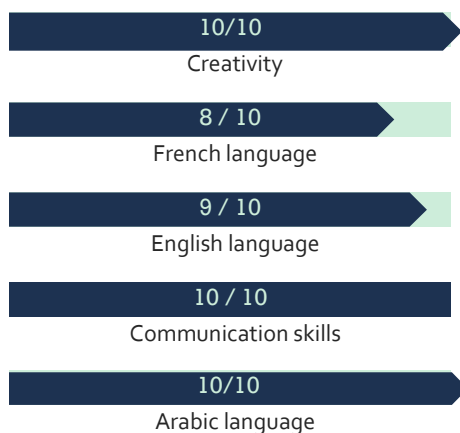
AMOR BEN MEFTAH

I N S T R U C T O R G E N E R A L

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-

ABOUT ME

SKILLS



EDUCATION

MASTERS DEGREE IN SPORTS SCIENCE

Higher institute of sports and physical education of sfax
2016-2018

LICENCE IN HUMAN AND SOCIAL SCIENCE

Higher institute of humanity study of mahdia
2011-2014

BACHELORS DEGREE IN LITERATURE

Secondary school of melloulech Tunisia
2009-2010

EXPERIENCE

GENERAL INSTRUCTOR

WYNDHAM GARDEN MANAMA FROM 20-12-2018 TO 14-08-2020

I was responsible for following my clients and train them depend their fitness goals , in the meantime I was responsible for swimming pool area .

- Creativity
- Responsibility
- Guest satisfaction

SPORTS TEACHER

AL ANDALOS SCHOOL IN SFAX TUNISIA from September 2015 to July 2018

My duties is to teach my student about physical education and train them with different cycle - football-basket ball -handball- gymnastic ..

- Punctuality
- Creativity
- Performance

BODY CONDITIONNING TRAINER

ESPERANCE SPORTIVE OF TUNISIA from December 2017 to October 2018

As a physical trainer I was responsible for every exercise related with physical activity as speed , strength , elasticity , agility ..and proprioception exercise for injury prevention.