



AMMAR HELAL

Mechanical Engineer

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EDUCATION

BACHELOR of MECHANICAL ENGINEERING

UNIVERSITY OF BAHRAIN

2021-2025

GPA:3.46

Achievement: Third Place – Senior Projects Competition, 2025

SKILLS

- Proficient in Microsoft Excel
- Proficient in Autodesk softwares (AutoCad, Inventor).
- Proficient in Matlab software

PROFESSIONAL AFFILIATIONS

- Member, ASHRAE Bahrain Chapter
- Member, Bahrain Society of Engineers (BSE)

LANGUAGES

- ARABIC
- ENGLISH

ABOUT ME

Detail-oriented Mechanical Engineering with proven teamwork and communication skills. Passionate about cross-functional collaboration, seeking to contribute to innovative engineering solutions and grow technically in a challenging environment.

INTERNSHIP EXPERIENCE

Stock Keeper July 2023 – September 2023

M Square | Al Musalla

Dedicated and detail-oriented professional with experience as a Stock Keeper. Skilled in inventory management, stock control, and maintaining accurate records. Proven ability to ensure efficient flow of goods and optimize warehouse operations. Strong organizational and problem-solving skills.

Bapco Refining | Mameer July 2024 – August 2024

- Gained hands-on experience in equipment inspection and non-destructive testing methods.
- Assisted with inspections and analyses to maintain and ensure the reliability of critical equipment.
- Developed a solid understanding of industry standards and practices for equipment integrity and operational safety.

VOLUNTEERING EXPERIENCE

Project Management August 2023 – March 2024

AIESEC in Bahrain

Part of the organizing team for multiple events.

Events:

- Vivid Leadership: Led organization of leadership development program. Oversaw logistics, participant recruitment, and evaluation.
- SDG Forum: Planned and executed high-impact event promoting awareness of Sustainable Development Goals. Collaborated with stakeholders, managed logistics.
- Dive 24.1: Managed logistics and customer flow during the event. Ensured smooth operations, coordinated equipment arrangements, and facilitated an enjoyable experience for participants.
- Induction Day: Organized onboarding event for new members. Managed registration, venue setup, facilitated communication.