



# FAROOK AL-MUFLEHI

Yemeni - Canadian | Canadian Passport | 08/01/1996 | Married | No Kids |

## CONTACT

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## EDUCATION

**Bachelor's Degree**  
Neuroscience and Mental Health  
Carleton University  
Ottawa, Canada  
2024

## LANGUAGES SPOKEN

- English – Fluent
- Arabic – Fluent
- French – Intermediate

## SKILLS

- Strong Communication & Relationship-Building
- Student Engagement & Management
- Critical Thinking & Problem-Solving
- Adaptability & Cultural Sensitivity
- Patience & Empathy

## ACHIEVEMENTS

- Director of the Year**  
Yemeni Community of Ottawa  
2023,2025
- Executive of the Year**  
Carleton U Students Association  
2019,2020,2021

## PROFESSIONAL OVERVIEW

I am a passionate and adaptable educator dedicated to creating an inclusive, student-centered learning environment. With a global perspective, I make lessons engaging and culturally relevant, using interactive strategies to foster critical thinking and real-world connections. Committed to promoting cultural understanding, I inspire students to embrace diverse perspectives and thrive in a globalized world.

## WORK EXPERIENCE

### Community Director of Youth and Health

Yemeni Community of Ottawa - Ottawa, Canada | January 2018 – present

- Taught structured English language classes on weekends, using interactive methods to enhance vocabulary, Grammar, and communication skills among diverse learners.
- Provided individualized and group tutoring in Math and Science for school-aged students, fostering critical thinking, problem-solving skills, and academic confidence.
- Designed and led educational workshops on mental health and wellness, integrating engaging activities to promote student well-being and awareness.
- Managed learning resources and collaborated with local organizations to enhance educational initiatives, ensuring effective program delivery and student success.

### Vice President Internal

Carleton University Students Association - Ottawa, Canada | 2019 – 2021

- Facilitated undergraduate learning by leading discussions, supporting lectures, grading assignments, and providing academic guidance in neuroscience and mental health courses.
- Supervised and mentored first-year students in laboratory sessions, ensuring hands-on engagement, safety compliance, and accurate experiment execution.
- Developed instructional strategies to simplify complex scientific concepts, fostering an interactive and student-centered learning environment.

## CERTIFICATIONS

- Foundations of Teaching for learning; Curriculum**  
UK Commonwealth Education Trust – 2025
- Mental Health First Aid Certificate**  
Mental Health Commission of Canada - 2023