

Muhammad Irtiza Liaqat

Ministry of works Approved HSE



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Profile

Professionally driven proactive individual who strives for the best and proven knowledge of Health & safety operations, conducted 50+ risk assessments, and led training for 400+ employees.

Aiming to leverage my experience & skills to collaborate fulfil the goals of your company.

I am passionate about developing long lasting relationships & motivated to enhance my skills further in any Quality, Health, Safety field. Well-polished with ISO compliances and ILO conventions & Bahrain labor law. Improved safety culture through workshops and recognition programs.

Experience

HSEO OFFICER | EXCELLENCE INDUSTRIAL MAINTENANCE CO. | AUG-2023- PRESENT

- Introduced and established color-coding procedure and methods.
- Proficiency in implementing fire safety measures in compliance with local regulations.
- Successfully completed training and assessments in Asset control and Hazard recognition.
- Successfully installed and drafted emergency escape route plan and locations placements of FFE.
- Daily, Weekly & monthly TBT.
- Drafting, Planning & executing monthly Minutes of meetings.
- Logging and reporting monthly HSE stats report.
- Developing HIRA, MSDS and Risk Analysis as per job scope assigned by client.
- Proven trackable record in competency and job skill trainings.
- Assisted QHSE manager overall.
- Develop, implement, and maintain comprehensive Health, Safety, and Environmental (HSE) documentation in accordance with EXI Company standards and regulatory requirements.
- Provides support and advise to operations team to ensure safe implementations of process safety management.
- Intervenes in unsafe acts and unsafe conditions and ensures that appropriate action is taken and that the operation is safe with the right behaviors.
- Regularly update and review safety manuals, procedures, and policies to ensure compliance with evolving industry standards and best practices.
- Conduct regular site inspections to identify potential hazards and ensure compliance with safety regulations
- Implements safety improvement programs and monitors the performance and effectiveness.
- Implement and enforce safety protocols and procedures on site, addressing any non-compliance issues promptly and effectively.
- Collaborate with project teams to integrate safety measures into the planning and execution of on-site activities. Perform thorough risk assessments to identify, evaluate, and mitigate potential risks associated with workplace activities. Develop and implement risk mitigation strategies, including the use of appropriate personal protective equipment (PPE) and administration controls.
- Plan and conduct HSE training programs for employees, contractors, and other stakeholders to enhance safety awareness and ensure understanding of safety protocols.
- Facilitate toolbox talks, safety inductions, and other educational initiatives to promote a safety-conscious culture. Lead and participate in incident investigations to determine root causes and contribute to the development of corrective and preventive actions.

- Prepare detailed incident reports, including recommendations for improvements in safety procedures and protocols.
- Preparation of Weekly and monthly HSE reports. Prepare minutes of meeting of Weekly HSE meeting and HSE walkthrough
- Develop and implement emergency response plans, conduct drills, and ensure that employees are well-prepared to respond effectively to emergencies.
- Collaborate with relevant departments to establish and maintain emergency response teams.
- Participate in continuous improvement initiatives related to HSE, providing recommendations for enhancements to existing processes and procedures.
- Analyze safety performance data and implement measures to drive continuous improvement in safety metrics.

SITE SAFETY OFFICER | G4S BAHRAIN, AL-DUR | 2022- AUG 2023

Assigned as Plant Security and safety officer which is operated by Engie management.

- Safety induction for new workers and visitors.
- Weekly and monthly report on Sound, Noise and environmental meter on Gas turbine 12 & 22.
- First aid, defib AED, Life-buoy, spill kit logging & weekly inspections.
- Compliance with ISO 45001.
- Facilitating & coordinating project meetings
- Assisting in Monitoring & Controlling and Closing of Project Phase activities.
- Interface meeting & coordination with Engineering, Procurement, Vendors, Fabrication Shop & Site Team.
- Managing Coordination and solving problems through Technical Query & Site Query.
- Managing and Ensuring the Quality and HSE Procedures are implemented as per Standards.
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SAFETY OFFICER | EAGLE SAFETY COMPANY | 2021- 2022 AUG

Assigned as Food safety Officer in Carrefour- Saar, Bahrain.

- Implementing systems on site and conducting checks to ensure that all food handlers practice good food and personal hygiene when preparing food
- Ensuring that food handlers observe and follow systems in place
- Overseeing the cleanliness of the food premises
- Following and enforcing all sanitation procedures in the central kitchen
- Monitoring all workstations and dressing procedures in the central kitchen
- Creating checklists that the site can adhere to during food safety checks
- Ensuring Food Hygiene and Sanitation SOP's at all production areas, dishwashing utilities, receiving and storage areas
- Conducting daily inspection regarding hygiene and sanitation conditions of all production, storage areas etc.
- Implmentation of pest management program.
- Conducting in house audits
- Coordinating with engineering department to implement preventive and corrective maintenance
- Solving any problems/issues related to food safety.

CERTIFICATIONS:

- Nebosh- IGC International General Certificate in Occupational Health and Safety
- Fire safety ILO- International Labor Organization.
- IOSH- Managing Safely.
- Bapco Upstream Approved Train the Trainer.
- Certified First Aider, CPR & AED
- Certified Confined Space Entry & Rescue.

CORE QUALIFICATIONS

- Technical inspections
- Environmental impact statements
- Behavioral Based safety
- Documentation and reporting MS Office Risk assessment.

Education

OTHM Diploma Level 6 in Occupational Health and Safety Management System

F.G DEGREE COLLEGE ATTOCK CANTT. | JUNE 2013 | ARTS

Skills & Abilities

- HIRA
- FIRE SAFETY
- LEADERSHIP

Activities and Interests

Travelling, Fishing.