

Mahmoud Haroun

SENIOR PHYSIOTHERAPIST | MOH-DHA-QCHP

Work Experience

Bahary Medical Center, Alexandria

Jan 2018 - Present

- Supervision and management of the physiotherapy department.
- Implement a range of evidence-based interventions, such as therapeutic exercises, manual therapy techniques (Mulligan & Maitland), and electrotherapy sessions.

Smouha Sports Club Clinic, Alexandria

Jul 2016 - Dec 2023

- Assess patients' physical condition, medical history, and treatment goals to develop customized rehabilitation plans.
- Maintain accurate and up-to-date patient records, including documentation of assessments, treatments, and outcomes.
- Monitor the patient's progress and adjust the treatment plan accordingly.

VLCC International, Qatar

Feb 2013 - Mar 2016

- Conduct comprehensive assessments to evaluate patients' physical abilities, limitations, and rehabilitation needs.
- Guide patients through therapeutic exercises and activities to improve strength, flexibility, balance, and coordination.
- Participate in continuing education and professional development activities to stay current with the latest advancements in physiotherapy practice

General Military Hospital, Alexandria

Sep 2011 - Sep 2012

- Assisted the senior physiotherapist in all department-related issues in the hospital.
- Conducted different physiotherapy sessions in the physiotherapy department in the general military hospital.

MF Military Hospital & ARRC, Alexandria

Aug 2009 - Sep 2012

- Develop personalized treatment plans that incorporate a range of techniques, such as electrotherapy, exercise prescription, and the use of manual therapy techniques.
- Collaborate with other healthcare professionals, such as physicians, occupational therapists, and nurses, to provide comprehensive patient care.

Ministry of Health Hospitals, Alexandria

Nov 2009 - Nov 2010

- Stay up-to-date with the latest advancements in physiotherapy and continuously expand your knowledge and skills.
- Conduct physiotherapy sessions in different hospital departments (Inpatient).

Educational Background

BSc of Physical Therapy

Cairo University, Egypt
2005 - 2009

Medical Licenses

- MOH, Egypt (Medical License)
- SCH, Qatar (Medical License)
- MOH, UAE (Previous Eligibility Letter)
- DHA, UAE (Previous Eligibility Letter)

Languages

- Arabic (Native)
- English (Fluent)

Certification/Short Courses

- Sports Medicine Diploma (FIFA)
- Manual Therapy Practice (PrimePhysio UK).
- Mulligan and Maitland Concepts.
- First Aids and Cardiopulmonary resuscitation (HITC Qatar)
- KT Taping, acupuncture and cupping therapy (Cairo University)

Contact

122 Bab Sharq, Alexandria
(Egypt)

(002) 01091240420
maharouns@hotmail.com
maharouns@gmail.com