

Rasheed Abresh

Mombasa

abreshrash@gmail.com

+254 795 926896

To contribute to the growth of a dynamic company that values creativity, innovativeness and teamwork. Seek to join your organization where I can discharge my assigned duties to my full potential and ability while attaining the organizational goals and acquire the expected skills at a potential level and utilize them to the growth of the company.

Willing to relocate: Anywhere

Work Experience

Kitchen Helper

Leopard Beach Resort and Spa - Diani

December 2022 to September 2023

- Clean and sanitize kitchen including work surfaces, cupboards, storage areas, appliances and equipment
- Receive, unpack and store supplies in refrigerators, freezers, cupboards and other storage areas
- Remove kitchen garbage and trash
- Sweep, mop, wash and polish floors
- Wash, peel and cut vegetables and fruit

Housekeeper/Cleaner

Leopard Beach Resort and Spa - Diani

December 2021 to November 2022

Ordinary Seaman

China Communication Construction company

April 2021 to September 2021

Standing watch, lookout during bridge watch. General maintenance, repair, sanitation, and upkeep of material, equipment, and areas that are the responsibility of the Deck Department.

Ordinary Seaman

Lamu Shipping

October 2020 to March 2021

Standing watch, lookout during bridge watch. General maintenance, repair, sanitation, and upkeep of material, equipment, and areas that are the responsibility of the Deck Department.

Ordinary Seaman

Shipmarc Agency & Logistics Limited - Mombasa

July 2020 to October 2020

Standing watch, lookout during bridge watch. General maintenance, repair, sanitation, and upkeep of material, equipment, and areas that are the responsibility of the Deck Department.

Site Coordinator

Abbresh D Company LTD - Mombasa

July 2017 to August 2019

Ensuring the sites are prepared for the daily construction activities, that materials are ordered and delivery in a timely manner and that a safe work environment is maintained.

Construction Labourer

Abbresh D Company Limited - Mombasa

January 2015 to June 2017

- Cleaning and preparing construction sites.
- Loading and unloading materials and equipment.
- Building and taking down scaffolding and temporary structures.
- Digging trenches, compacting earth and backfilling holes.
- Operating and using hand tools.
- Following instructions from supervisors and implementing construction plans.
- Assisting skilled tradespeople in their duties.

Education

College Certificate in Maritime Studies

Bandari Maritime Academy - Mombasa

September 2019 to September 2019

Secondary School Education in Kenya Certificate Of Secondary Education

Likoni Secondary School - Mombasa

January 2009 to November 2012

Skills

- Painting (3 years)
- Chipping (2 years)
- Mooring and Rope Handling (2 years)
- Housekeeping (2 years)
- fast learner
- Maintain Deck Equipment (2 years)
- Cleaning fishing gear and fish hold (1 year)
- Cleaning Experience
- Load & Unload
- Power tools (1 year)
- Painting
- Computer skills
- Microsoft Office
- Power tools
- Load & unload

- Painting

Languages

- English - Fluent
- Swahili - Expert

Certifications and Licenses

STCW PERSONAL SURVIVAL TECHNIQUES

September 2019 to September 2024

From Kenya Maritime Authority

STCW PERSONAL SAFETY AND SOCIAL RESPONSIBILITY

September 2019 to Present

STCW SECURITY AWARENESS TRAINING FOR SEAFARERS

September 2019 to September 2024

From Kenya Maritime Authority

STCW FIRE PREVENTION AND FIRE FIGHTING

September 2019 to September 2024

From Kenya Maritime Authority

STCW ELEMENTARY FIRST AID

September 2019 to Present

From Kenya Maritime Authority

H2S Alive

October 2020 to October 2022

Online course from Safety Unlimited Inc

Construction Safety Training System

December 2020 to Present

From Alberta Construction Safety Association

Confined Space

December 2020 to December 2023

From Alberta Construction Safety Association

Ladder Safety

December 2020 to Present

From Alberta Construction Safety Association

First Aid Certification