



# Ramya Unnikrishnan

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East Riffa, Kingdom of Bahrain

## OBJECTIVE

Diligent junior psychologist with a keen interest in intergenerational trauma and dysfunctional family structures. Have 2+ years of experience assisting children with physical disabilities. Actively seeking an entry-level position to leverage my clinical expertise in psychology to assist potential clients while gaining invaluable hands-on experience.

## EDUCATION

**University of Mumbai, India, Master of Arts in Applied Psychology, GPA: 9.84** [Jan 2020– May 2022]  
**Sophia College Autonomous, India, Bachelor of Arts in Psychology, GPA: 9.49** [Aug 2017 – May 2020]

## WORK EXPERIENCE

**Balance Personal and Professional Solutions, Bahrain, Assistant Psychologist** [Nov 2020 – Present]

- Designed training modules to assist the therapeutic intervention of 5+ children with ADHD and learning disabilities.
- Provided emotional assistance to children for their academic development.
- Implemented working memory training using Cogmed software.

**University Department of Applied Psychology, India, Psychology Research Trainee** [Jan 2022 – May 2022]

- Conducted a lexical analysis of person descriptor adjectives to determine the structure of personality reflected by the Malayalam language.
- Translated the Lex 20 adjectives from English to Malayalam and performed statistical analyses to determine the psychometric soundness.
- Performed Factor Analysis to summarize the data into meaningful components.

**University Department of Applied Psychology, India, Research Intern** [Nov 2021 – Dec 2021]

- Collaborated with a team of 4 to aid the conservation and sustainability of forests and wildlife in India.
- Transcribed 210 minutes of interviews to analyze the daily emotional distress and technical challenges faced by the front-line staff.
- Translated multiple interviews from Hindi to English to assist the Government of India in improving the work environment of the front-line employees.

**University Department of Applied Psychology, India, Psychology Research Trainee** [May 2020 – Jul 2020]

- Devised the "Resilience Scale" – a psychometric scale to measure "resilience" as a psychological construct.
- Assisted qualified professionals and executed a pilot study for item elimination.
- Collaborated with a team of 12 members to develop standardization norms and execute the "Resilience Scale".
- Conducted psychometric evaluation that included item analysis and factor analysis.

**Bookwallah Organization, India, Psychology Research Intern** [Sep 2018 – Jan 2020]

- Developed learning modules and lesson plans for children with hearing and speech disabilities to develop their language proficiency and self-sufficiency.
- Implemented interactive sessions for 7+ children to engage in active communication and promote creative thought.
- Designed assessments and conducted field visits to evaluate the efficiency of the established story-telling interventions.
- Proactively interviewed caretakers, students, parents, and third-party informers to review and reform current interventions.

## ACADEMIC PROJECTS

**Focus of Attention & Introspection:** Designed an experiment to investigate the working memory processes as demonstrated by subjective introspective reports.

**Dialectical Behavioural Therapy (DBT):** Authored a comprehensive review of DBT as a therapeutic technique and assessed its applications.

**Rational Emotive Behavioural Therapy (REBT):** Authored case formulation for a hypothetical client using REBT concepts and techniques.

**Childhood Conduct Disorders:** Authored a conceptual review of Childhood Conduct Disorders and assessed its efficiency.

## SKILLS

**Psychological Assessment:** Rorschach Test, Thematic Apperception Test, MMPI-2 Test, MCMI-III Test, Intelligence Testing.

**Language Proficiency:** English, Hindi, Malayalam.

**Software:** Cogmed, Open Sesame, RStudio, MS Office