



Objective: I am seeking the position of HSE Officer in a very challenging environment. I have six years of experience in the area of managing safety aspects in Projects, Plants and Civil and Mechanical Construction fields. I am able to effectively maintain all safety procedures, standards and control measures to reduce risk such as eliminating hazards and resolving problems related to on-site safety.

Email :- nithjons@gmail.com

Mobile No: +973 33967574

Whatsapp: +91 9995353983

---

## SUMMARY OF EXPERIENCE

Health and Safety: I have a comprehensive knowledge of Industrial Safety & Construction Safety as well as training and demonstration skills. My professional duties include appraisal of work environment, hazard and operability studies, safety analysis and risk assessment, industrial hygiene and inspection of workplaces.

I also have five years' experience on a variety of medium to large projects in India & Bahrain.

## Area of Expertise

Documentation: have been involved in preparation of Group Risk Assessment, Health Risk Assessment, maintaining records and implementing suggestions.

Inspection: Inspection for proper waste management system requirements & inspection and site investigation on a daily basis.

Personal: Considered being personable and compatible inside a working environment whether large or small. I also have experience in living and working in remote and unfavorable locations and fare well in these circumstances. I also bring innovation, teamwork and dedication to work. I am fit, able-bodied and maintain a healthy lifestyle and a high standard of personal integrity.

## PROFESSIONAL QUALIFICATION

- NEBOSH ( IGC ) from safety catch (Cochin) Kerala.(2015)
- Diploma in Fire & Safety Engineering from St Mary's Engineering Institute Pala Kerala(2009)

## ACADEMIC QUALIFICATION

- BSc fire & safety (pursuing)
- +2 from National Institute of open schooling (NIOS)(2010)
- SSLC(Kerala Board of Public Examinations) (2007)

## TRAINING

- Third party certified Scaffolding Inspector
- Training in Fire Fighting from Cochin Shipyard Ltd

## WORK EXPERIENCE

- Working as HSE Officer in Almoayyed Contracting Group (Marassi Slip Lanes) from June 2020 to present.
- Worked as HSE Officer in Vam-Jv (Voltas Almoayyed joint venture) (Al Sahel Hotel & Resorts) from September 2019 to May 2020.
- Worked as HSE Officer in Almoayyed Contracting Group (Bahrain international airport modernization project) From April 2018 to September 2019.
- Worked as HSE Officer in Poullaides Construction Company in Aluminium Bahrain (Alba Potline 6) from September 2017 to March 2018.
- Worked as a Safety Officer in Siyana Industrial Services, in ASRY Shipyard Bahrain from June 2016 to August 2017.
- Worked as a Safety Officer in McNally Bharat Engineering Company Ltd, in BPCL works Project, Cochin Kerala from August 2015 to March 2016.
- Worked as a Safety Officer in Simplex Infrastructures, in Flats Project, Bangalore Karnataka from July 2014 to July2015.
- Worked as a Purchase Officer in Aldous Glare Trade & Exports, Cochin from November 2009 to May 2014.

## DUTIES AND RESPONSIBILITY

- Preparation of Minutes of meeting with contractor including management for sharing and modification, rectification of existing issues as well corrective action for observed unsafe acts and unsafe conditions in the workplace.
- Preparation of safety induction for visitors and newcomers.
- Coordination in working with height specialists and other specialists like rigging and scaffolding.
- Preparation of Internal Safety Meeting with our management.
- Preparation of Safety Duty schedule for safety department.
- Preparation for HSE statistic reports.
- Inspection and review of method statement, risk assessment, lifting plan, fall hazard risk assessment and permit system on workplace.
- Accident / incident investigation and work on root cause analysis and their preventive measures.
- Ensuring tool box/safety talk meeting before starting daily work for briefing about hazards and its safety precautions.
- Daily inspection of work areas, machinery, equipment, and working conditions for compliance with occupational safety and health regulations.
- Issues verbal and written warnings when required. And receives safety complaints and coordinates with on-site staff for appropriate corrective and preventive actions
- Periodic Inspection of Approved PPEs and their execution at site.
- To maintain work permit System, Risk Assessments, work method statement, accident investigation & prevention programs, inspection etc.
- To display different safety promotional posters to educate & train the workforce to reach ZERO accident target and make the work environment safe & healthy.
- To keep records up to date relating to accidents/incidents and its investigation analysis reports for future prevention.
- Checking unsafe acts and unsafe conditions. Safe work procedures/job safety analysis.
- Issue work permits and check work area before start of work.

## PASSPORT DETAILS

Passport No: J8099087

Date of Expiry: 04/10/2021

Place of Issue: Cochin (Kerala)

## DRIVING LICENSE DETAILS

LICENSE No. : 920536093

Date of Expiry: 09/05/2023

Place of Issue: Bahrain

## PERSONAL DETAILS

Name	:	Nithin Antony
Date of Birth	:	02/05/1992
Father's Name	:	T Johnson
Sex	:	Male
Marital Status	:	Single
Nationality	:	Indian
Religion	:	Christian
Language Known	:	English, Hindi, Malayalam & Tamil
Permanent Address	:	Peyottuvilai House near Fathima Church Elamkulam Ernakulum Cochin Kerala -682020

## OTHER SKILLS

- Quick Learner
- Team Player
- Dedicated

## DECLARATION

I am highly confident of my abilities to work in a team. I hereby declare, that all the above given Information are true to the best of my knowledge.

Yours sincerely

Nithin Antony