



Dr. Ritu Sharma

ENDODONTIST

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OBJECTIVE

I'm an ambitious qualified Endodontist with excellent organizational and interpersonal skills, keen to start a career with a well-known Hospital / clinic where I could serve people and grow, w.r.t. mannerisms, multitasking along with the organization using my learning attitude and existent calibre.



EDUCATION

Masters of Dental Surgery, Conservative Dentistry and Endodontic

- School of Dental Sciences, Sharda University, Greater Noida, Uttar Pradesh
- From July 2016 to July 2019
- Topped University with 2nd position secured 73%

Bachelor of Dental Surgery

- Hindustan Institute of Dental Sciences, Sharda University, Greater Noida, Uttar Pradesh
- From September 2008 to September 2014 secured 64%

Internship

- School of Dental Sciences, Sharda University, Greater Noida, Uttar Pradesh
- From March 2015 to February 2016

Class 12th CBSE Loreto Convent School, - Delhi Cantt, New Delhi - From 2006-2007

Class 10th CBSE Loreto Convent School, - Delhi Cantt, New Delhi - From 2004-2005



WORK EXPERIENCE

Assistant Professor

- Dept.of Conservative Dentistry & Endodontic School of Dental Sciences, Sharda University Greater Noida
- Since September 2019

Endodontic Consultant

- Various Clinics - Delhi –NCR - Since 2018

Public Relation Head

- Cyto Dent - India - Since July 2019



PROFESSIONAL EXPERIENCE AND SKILLS

- Single-visit Endodontic & Good communication with the patients.
- Completed extensive masters training with root canal treatment systems, managing a variety of endodontic complications, restoring teeth with hopeless prognosis to function, esthetic correction.
- Cosmetic dentistry art mastered and practiced over numerous cases.
- Periapical Surgeries and Apicectomies with the use of bone graft, membranes.
- Well versed with the usage of Operating Microscopes, loupes, Rubber Dam, and other isolation techniques, aiding in magnification during operative procedures.
- Well versed with novel modes of thermoplastic 3D obturation techniques.
- Post and core restorations with conventional and recent esthetic fiber posts.
- Smile designing, (Laminates and Veneers)
- Regenerative procedures with PRF, PRGF, PRP
- Esthetic Bleaching
- Dental materials knowledge
- Sterilization techniques familiarity
- Syringe and anesthetics knowledge
- Tooth Extraction
- Oral Prophylaxis

- Good rapport with the students & Innovative ideas for teaching Active in conducting clinical research and survey.

Additional Skill: Certified in Providing BLS (Basic Life Support).



ACADEMIC ACCOMPLISHMENTS

- **Chairperson to the scientific session** in student paper in the **27th IES National Conference 2019 held on 20th – 22th December 2019 at Maulana Azad Institute of Dental Sciences**, New Delhi
- Received **Excellence in Dental Proficiency Award**, as **Young Dental Achiever of the Year**, by Indian Association of Dental Students. In the **4th International Dental Students Conclave “CONNEXON”** held on 12th - 14th April 2019 at School of Dental Sciences, Sharda University, Greater Noida.
- Received **Appreciation Letter** from the **Office of the President's Body Guard at Rashtrapati Bhawan**, for conducting a successful Dental Campaign for the Troops and their families at P.B.G MI-ROOM in Rashtrapati Bhawan, New Delhi.
- Awarded **1st** among the top five, **Best of the Best Paper Presentation for “Comparative Evaluation of newer Irrigation regimes on Dentin Micro Hardness”**. In the **1st IACDE North Zonal Conference 2018 held on 20th-22nd September 2018** at ITS College Hospitals and Research Centre, Greater Noida. Presented the **best research paper** in **33rd IACDE National Conference-2018 held on 16th to 18th November 2018 at Vijayawada**.
- Awarded Best Paper Presentation for “Nanotech in Dentistry- changing faces”, In **Indian Endodontic Society 26th IES National Congress 8th-9th December 2018** Hotel Holiday Inn, Aerocity, New Delhi.
- Awarded with Appreciation Certificate for “CBCT in Endodontics- the third dimension” on **3rd August 2018 at all India Institute of Medical Sciences**, New Delhi.



PUBLICATIONS

- A PHENOMENON MATERIALS IN ENDODONTIC SURGERY – A CASE REPORT. Journal of Xidian University VOLUME 14, ISSUE 8, 2020 ISSN No:1001-2400http://xadzkjdx.cn/ <https://doi.org/10.37896/jxu14.8/072>
- COVID 19: REVIEW ON STRATEGIES FOR CLINICAL DENTAL CARE. JOURNAL OF CRITICAL REVIEWS ISSN- 2394-5125 VOL 7, ISSUE 04, 2020
- Determination of Efficacy of Different Apex Locators. Indian Journal of Public Health Research & Development. March 2020, Vol. 11, No. 03
- Nanotech in Dentistry-changing faces". In INTERNATIONAL JOURNAL OF RESEARCH AND ANALYTICAL REVIEWS (IJRAR). March 2019, Volume 6, Issue 1; 1080-1088
- Effect of association of NSAIDs and antibiotic drugs with calcium hydroxide on pH and fracture resistance of root dentin". In INTERNATIONAL JOURNAL OF RESEARCH AND ANALYTICAL REVIEWS (IJRAR). March 2019, Volume 6: Issue 1; 489-49
- Manuscript submitted and under Review Process- Comparative Evaluation of newer Irrigation regimes on Dentin Micro hardness. In JOURNAL OF CONSERVATIVE DENTISTRY



BOOK REVIEWED

Grossman's Endodontic Practice published by Wolters Kluwer & Lippincott Wi



WORKSHOPS & COVID-19 COURSES by WHO

- Biomimeriques A LA Composite. 6th-7th April 2019, a program with Eduart New Delhi
- Aesthetic Anterior Restoration Laser Sintered & Vitrified Composite Veneers and Occlusion VD'S Natural Layering Concept. 20th September 2018, I.T.S Dental College, Greater Noida.

- National workshop on Advanced Microscope Endodontics Titled Micro-re Endodontics held on 6th April 2018 at Maulana Azad Institute of Dental Sciences, New Delhi.
- International Symposium on Teeth Whitening Evidence & Clinical Based at IDA Delhi state branch conference by IDA North Delhi Branch On 15th September 2017
- Workshop on Nitrous Oxide Oxygen Inhalation Sedation on 27th May 2017 at Divya Jyoti College of Dental Sciences & Research, Modhinagar U.P
- Workshop on Restore, Reconstruct and Rebuild held at School of Dental Sciences, 27th September 2016 Sharda University Greater Noida.
- Covid-19 Awareness and Management (WHO)
- Infection Prevention and Control for Novel Corona Virus
- Tackling The Novel Corona Virus
- e Protect Respiratory Infection
- Emerging Respiratory Viruses Including Covid-19, Method for Detection, Prevention and Control
- Severe Acute Respiratory Infection Treatment Facility Design
- Clinical Care Severe Acute Respiratory Infection
- Covid-19 Operation Planning Guidelines and Covid-19 Partners Platform to Support Country Preparedness and Response



ACTIVITIES AS AN ACADEMICIAN

- Paper presentation on Topic: Evaluation & Comparison of Anti- Oxidant Level and Oxidative Stress in Saliva Before and After Endodontic Therapy in the **27th IES National Conference 2019 held on 20th – 22th December 2019 at Maulana Azad Institute of Dental Sciences**, New Delhi
- Poster presentation on Topic: “Biomimetic Materials- Uprising in dentistry in 4th International Dental Student Concave “Connexon 2019 held on 12th -14th April 2019 at School of Dental Sciences, Sharda University, Greater Noida.
- Paper presentation on Topic: “TIME” our precious source- a case presentation in 4th International Dental Student Concave “Connexon 2019 held on 12th - 14th April 2019 at School of Dental Sciences, Sharda University, Greater Noida.
- Paper presentation on Topic: **“Nanotech in Dentistry-changing faces” in Indian Endodontic Society 26th IES National Congress 8th-9th**

December 2018 Hotel Holiday Inn, Aerocity, Delhi. Awarded Best Paper Presentation

- Paper presentation on Topic: “**Comparative Evaluation of newer Irrigation regimes on Dentin Micro Hardness**” in **33rd IACDE National Conference-2018 held on 16th to 18th November 2018 at Vijayawada**
- Paper presentation on Topic: “**Comparative Evaluation of newer Irrigation regimes on Dentin Micro Hardness**” in **1st IACDE North Zonal Conference 2018 held on 20th-22nd September 2018 at ITS College Hospitals and Research Centre, Greater Noida. Awarded Best of the Best Paper Presentation**
- Paper presentation on Topic: “**Effect of Association of NSAIDs and Antibiotic Drugs with Calcium Hydroxide on pH and Fracture Resistance of Root Dentin**” in **32nd IACDE & 25th IES National Conference 2017 held from 23rd to 26th November 2017 at Mahatma Mandir Convention Centre Gandhinagar, Gujarat.**
- Poster presentation on Topic: **Lasers in Root Canal Sterilization in IDA Delhi State Conference Hosted by North Delhi Branch 15th – 17th September 2017.**
- Certificate of Appreciation for paper presentation on topic: “**To Evaluate the efficiency of Biomin containing tooth remineralising agent to prevent stain absorption on freshly bleached enamel: an in vitro study**” in **19th Scientific Congress of Asian Pacific Endodontic Confederation & 18th IACDE & IES PG Convention held on April 5-8, 2017 at Hotel Hyatt Regency, Gurgaon, NCR Delhi.**
- Poster presentation on Topic: A **Dialectic Quest (forensic dentistry)** in **31st IACDE and 24th IES National Conference 2016, Science City, Kolkata from 9th to 13th November 2016**



CONFERENCE ATTENDED

- CDE Program “Envision Dental 2016” held on June 27th, 2016 at Inderprastha Dental College and Hospital.
- CDE Program “**Restore Reconstruct and Rebuild**” in the department of Conservative Dentistry & Endodontics, SDS on 27th Sept.2016.
- 31st IACDE and 24th IES National Conference 2016, Science City, Kolkata from 9th to 13th November,2016.

- Future Dental Professional Program sponsored by Colgate India on 23th Nov.2016.
- CDE on Biostatistics conducted by dept. of PHD followed by Dental fest on 24th -26th Nov.2016
- CDE on Success Mantra on Paediatric dentistry by Dept. of Pedodontics on 06th March 2017.
- Participate in “**Conendothon**” in the department of Conservative Dentistry & Endodontics, SDS on 07th -09th March 2017.
- 19th Scientific Congress of Asian Pacific Endodontic Confederation & 18th IACDE & IES PG Convention, April 5-8 2017, Hotel Hayatt Regecy, Gurgaon, NCR Delhi.
- Attended a Lecture on “Conscious sedation “at DJ Dental College on 27th May 2017.
- Attended a CDE IDA Delhi State Conference Hosted by North Delhi Branch 15th – 17th September 2017.
- CDE on **Mercury Free Dentistry** by Dept. of Conservative Dentistry & Endodontics, SDS, SU on 20th Sep. 2017.
- Attended 32nd IACDE & 25th IES National Conference 2017 held from 23rd to 26th November 2017 at Mahatma Mandir Convention Centre Gandhinagar, Gujarat.
- Participate in “**Conendothon**” in the department of Conservative Dentistry & Endodontics, SDS on 05th -07th March 2018.
- Attended the National Workshop on Advanced Microscopic Endodontics titled “Micro-Re-Endodontics” held on Friday, April 6th, 2018 at Maulana Azad Institute of Dental Sciences, New Delhi.
- Attended CDE Programme on “Modern Day Approaches in Oral Hygiene” on 01st August 2018 at School of Dental Sciences at Sharda University.
- Attended a CDE Program “CBCT in Endodontics- The Third Dimension” held on 3rd August 2018 at Centre for Dental Education & Research All India Institute of Medical Sciences, New Delhi.
- Attended a CDE 1st IACDE North Zonal Conference 2018 held on 20-22nd Septmeber,2018 at ITS College Hospitals and Research Centre, Greater Noida.

- Attended a Basic Training Course on Aesthetic Anterior Restoration Laser Sintered & Vitrified Composite Natural Layering Concept held on 20th Septmeber,2018 at ITS College Hospitals and Research Centre, Greater Noida.
- Attended 33rd IACDE National Conference-2018 held on 16th to 18th November 2018 at Vijaywada.
- Attended Indian Endodontic Society 26th IES National Congress 8th-9th December, 2018 Hotel Holiday Inn, Aerocity, Delhi.
- Attended workshop on **Magnification in Endodontics** in Indian Endodontic Society 26th IES National Congress 8th-9th December, 2018 Hotel Holiday Inn, Aerocity, Delhi.
- Attended CDE Programme on “Microscopic Enhanced Dentistry” held on 18th& 19th January 2019 at SGT University, Gurugram, Delhi NCR.



CAREER HIGHLIGHTS

- **Thesis Dissertation:** Comparative evaluation of the effect of EDTA, Chitosan and Phytic Acid and on the micro hardness of human root canal dentin and surface roughness using SEM.
- **Library Dissertation:** Ceramics in dentistry.



EXTRA-CURRICULAR ACTIVITIES

- Participated in Consinnovation on the occasion of CONS-ENDO DAY 7th March 2019 held in School of dental sciences in association with IACDE Sharda University, Greater Noida, U.P
- Participated in Movable Rangoli on the occasion of CONS-ENDO DAY 7th March 2019 held in the school of dental sciences in association with IACDE Sharda University Greater Noida, U.P
- Participated in SOLDIRATHON Run in The Honour of Real Heroes Powdered by Dainik Bhaskar secured 7th position with Achiever medal on 16th December 2018 in JLN Stadium, New Delhi.
- Participated in Essay Competition on the occasion of CONS-ENDO DAY 5th March 2017 held in the school of dental sciences Sharda University association with IACDE.

- Participated in Nukkad Natak on World AIDS Day on 1st December 2016 at School of Dental Sciences conducted by Department of Public Health Dentistry, Sharda University, Greater Noida, U.P
- Government of National Capital Territory of Delhi- National basketball player. All India Sports Fest held in IMS Ghaziabad- secured First place for Basketball- Sharda Sports Meet- secured First place for Basketball “GALAXIE-09”- secured First place for Basketball at Sharda Group of the Institute.
- **Training given to general public**- During dental camps held in Panchaitan, kasana Greater Noida, U.P, India.



VOLUNTEERING ACTIVITIES

- Voluntary blood donation in blood donation camp organized by Sharda Hospital.
- Free dental check-up & treatment organized during Cons-Endo week 2019.
- Volunteered for Annual Special Sports Meet organised by Sunrise Learning Foundation at Loreto Convent School.
- Worker as English, Social Science, and Sports Teacher to under privileged kids from Jharera village evening school, in Loreto Convent School New Delhi.



PERSONAL DETAILS

- Date of Birth: January 13,1988
- Gender: Female
- Address: H-no 12, P.B.G. MI ROOM, PRESIDENT ESTATE, RASHTRAPATI Bhawan New Delhi 110004, India
- Marital Status: Married
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